Welcome Home

Now that the boxes are unpacked and you are settled into your home, the Activities Committee would like to personally welcome you and present you with this packet filled with fantastic local information that has been compiled by your neighbors living in Cumberland Cove.

There are many ways for you to get involved and have fun in the Cove. Volunteer in one of the POA Standing Committees and/or Cove Activity and Interest Groups. Becoming involved is a great way to meet people and have input in your community.

When it comes to food, our local area has great Farmers Markets where fresh, locally grown and locally produced food can be purchased. Dine at many restaurants unique to our area serving delectable food.

Activities abound and are available for every interest from art and crafts, museums, music, professional theater, train adventures, festivals, zoos, aquariums, state and national parks, fishing, golf, hiking, hunting, and gardening. Hike the four beautiful parks that are located here in the Cove!

No matter your interest, we know you will love our community as much as we do!

Welcome Wagon / Activities Committee

DISCLAIMER: Information provided in this packet are recommendations by Cumberland Cove residents and not an endorsement by the Cumberland Cove POA.
POA STANDING COMMITTEES
Go to www.cumberlandcovepoa.com click on the POA Governance tab then click on Board of Directors and Committees for current committee chair names and contact information.

1. Activities Committee
2. By-Laws Committee
3. Budget Committee
4. Common Properties Committee – Building Maintenance
5. Common Properties Committee – Entrances
6. Common Properties Committee – Parks and Trails
7. Environmental Control Committee (ECC)
8. Election Committee
9. Firewise/Wildfire Committee
10. Helping Hands
11. Public Relations Committee
12. Road Committee
13. Security Committee

COVE ACTIVITIES / INTEREST GROUPS
(Meet at the Welcome Center unless otherwise noted)

- **Book Club**: The Book Club meets monthly on the first Tuesday of the month, and is open to all. Please call Valerie Sizemore at 839-2830 for more information.
- **Bunco**: Meet 2nd & 4th Thursday, 1:00-3:00pm Simple dice game to learn. Newcomers are always welcome. An excellent way to met people due to revolving partners throughout the game. Contact: Karen Downey, mdowney13@gmail.com 839-6276 or Martha Schmidt, schmidt-t@hotmail.com 839-2859
- **Couples Golf Scramble**: Meet Tuesday mornings (seasonal, May-Oct.) Contact: Russ Moss, 839-2221 or Bob Schmidt, 839-7999
- **Cove Gardeners**: Meet the last Wednesday of each month at 10:30am. Discussions of gardening, plant selection, guest speakers; all to inform Cove Residents on gardening in the Cove. We will conduct hikes in the local areas and in our own parks. We have two annual festivals; spring and fall. Information is gleaned from the UT Master Gardener program. Contact: Ginger Arthur, gingk@frontiernet.net 839-6768
- **Dining Out Bunch**: An informal gathering of residents that meet anytime during the 3rd week of each month. The monthly host selects the day, time and restaurant, providing the chance to meet new people and try new eateries. For info contact Martha & Tim Schmidt, 839-2859, schmidt-t@hotmail.com
• **Dinners in the Cove**: Meet Year round on the 2nd Friday of the month. Those interested in exploring an opportunity to meet new people and build relationships with neighbors should check out "Dinners in the Cove". If interested, contact Marsha Johnson at 839-7635 or email madhatter.marsha@gmail.com

• **Game Nights**: Meet 2nd & 4th Wednesdays, 6:30pm Poker, Dominoes & other card games. All are welcome!

• **Hiking Group**: Activities as announced Contact: Brad Beatty: brad@beatty.co or call 931-260-0650.

• **Men’s and Gal’s Morning Coffee**: Seasonal, Nov. – April). We have coffee at the Welcome Center at 8:00am on Monday, Wednesday and Friday. This continues until the golfers no longer show up for coffee. Everyone is welcome. Yes, even gals! It’s a good time for getting acquainted with your neighbors and other Cove residents. Contact: Ken Hobbs, 839-6804

• **Mexican Train Dominoes**: 1st Thursday of every month at 10:00am. A lot of fun and winners get a prize! Contact: Debbie Sontag, 839-6013, dssontag@belsouth.net

• **Quilter’s Sew-In**: Meet the 2nd & 4th Monday between 10:00am – 4:00pm. Do you need motivation or are you stuck on a project: Need extra space to lay out your quilt: Come join the Quilter’s Sew. Contact: Rose Johnson 839-2630, Barbara Lavin: 839-6974, or Katherine Capotosto: 854-5265.

• **Red Hat Ladies**: Meet 2nd Wednesday. The host for the month selects our lunch destination. We meet at the Welcome Center to car pool for a day of fun. A red hat and purple outfit is worn by those attending. Contact: Gail Massey, 839-8283

• **Wildflower Study Group**: No regular meetings. Information exchange by email or phone. Database maintained and shared with all. Contact: Connie and Ed McSweeney, mcsweeneyec@gmail.com 839-9669.

**PET OWNERS**

Residents of the Cove- Please register your pet in case it wanders off. A list is maintained with a description of your pet, your name, address, and phone number. When a caring neighbor comes across it and reports it to the Welcome Center, you will be contacted by Pam Gazlay or Barbara and Jim Sampson and reunited with your pet. Pet ID tags are invaluable in returning your pet. Don’t let your “family member” wind up at the Animal Shelter: Please call Pam Gazlay at 839-6116 or the Sampson’s at 839-6044 to register.

*Remember: ALL pets must be leashed, confined to a fenced-in-area or kept indoors. This includes cats.*
DINING:

These are NOT your big chain restaurants!

- **Bacaras Fine Dining:** *Jamestown*, Located in an old school house, no checks, German flavor cuisine. BYOB wine 329 Wheeler Lane, Jamestown, TN (931)879-7121

- **BenAnna’s: Monterey** BenAnna's not only has a unique gift shop up front, but a restaurant in the back where customers can have a sandwich, soup, salad and dessert (including old hand dipped Mayfield Ice Cream from their old fashioned ice cream parlor in the form of sundaes, shakes, malts and their famous BenAnna Split).

- **Bull and Thistle Irish Pub: Gainsboro** [https://www.facebook.com/BullandThistlePub](https://www.facebook.com/BullandThistlePub) The Bull & Thistle Pub offers the finest Celtic fare from the British Isles and Ireland, plus live music on the weekends and 20 brews on tap!

- **The Cookie Jar Café: Dunlap** [http://thecookiejarcafe.com/Home.html](http://thecookiejarcafe.com/Home.html) The Cookie Jar Cafe sits on a hilltop located on the Johnson Family Farm in Dunlap, TN. This vantage point provides a beautiful view of the Sequatchie Valley, the mountains, and the Cumberland Plateau. While relaxing in the rocking chairs on the porch, guests also enjoy the scenery of a real working dairy farm, something few restaurants can boast.

- **Crawdaddy's West Side Grill: Cookeville** [http://crawdaddysgrill.com/](http://crawdaddysgrill.com/) is like a slice of New Orleans right in the middle of Cookeville. Crawdaddy’s offers a diverse menu and lots of outdoor seating in the courtyard and on the balcony of its 100-year-old brick building.

- **Cumberland Mountain state park restaurant buffet: Crossville** [http://tnstateparks.com/parks/restaurant/cumberland-mountain](http://tnstateparks.com/parks/restaurant/cumberland-mountain) The park is renowned for the catfish it serves every Friday. Other features include seafood buffet, pork chops and chicken. The buffet includes a full salad bar and other hot vegetables. Of course, you need to save room for various homemade desserts - especially the banana pudding, made from scratch!

- **Falls Creek Falls State Park Restaurant: Pikeville** [http://tnstateparks.com/parks/restaurant/fall-creek-falls](http://tnstateparks.com/parks/restaurant/fall-creek-falls) Serves southern style buffet cuisine daily.

- **Foglight Foodhouse: Walling** [http://foglight-foodhouse.com/](http://foglight-foodhouse.com/) Is a full service restaurant with a huge and eclectic menu including Cajun cuisine, fresh seafood, steaks and nightly specials.

Great Country Cooking...consists of meat, 3 vegetables, bread, salad, homemade desserts & drinks!

- **Mauricio’s Italian Restaurant: Cookeville** [http://mauricioscookeville.com/](http://mauricioscookeville.com/) The restaurant, formerly a residence, was built in 1910. It features hardwood floors, 15' ft ceilings, and 5 fine dining rooms, three with fireplaces. Check it out if you like good Italian food, old music from the 40's and 50's, and great atmosphere. Dress is casual and reservations are recommended on the weekends.

- **Rocky Pops Restaurant: Monterey** 855 E Stratton Ave, Monterey, TN 38574 931-584-0016

- **Seven Senses Food and Cheer: Cookeville** [https://www.facebook.com/SevenSensesBar](https://www.facebook.com/SevenSensesBar) Serving quality southern American comfort food on Cookeville’s historic West Side!

- **Spankies: Cookeville** [http://spankiesrestaurant.com/](http://spankiesrestaurant.com/) is a local restaurant that could be compared to the great TV sitcom CHEERS, with a few twists.

- **Wooden’s Apple House: Pikeville** [http://woodensapplehouse.com/home](http://woodensapplehouse.com/home) Open Mid-July until end of harvest. Also fresh produce for sale.

### GARDENING:

- **Cheekwood Botanical Garden and Museum of Art: Nashville** [www.cheekwood.org/](http://www.cheekwood.org/) The fifty-five acre site includes the original Cheek gardens, designed by Bryant Fleming, with pools, fountains, statuary, extensive boxwood plantings and breathtaking views of the rolling Tennessee hills. Cheekwood was opened to the public in 1960 and the many specialized gardens have developed since that time.

- **Cumberland County Master Gardeners: Crossville** [http://www.ccmga.org/](http://www.ccmga.org/) Local gardening tips and much more!

- **Johnson’s Nursery and Garden Center: Cookeville** [http://www.johnsongardencenter.net/](http://www.johnsongardencenter.net/) The Johnson family has been growing plants in Putnam County Tennessee for over 95 years. Voted Top 100 Garden Centers in the US for 6 years.

- **Landscape Solutions: Crossville** [http://www.landscapesolutionsco.com/](http://www.landscapesolutionsco.com/) Landscape Solutions is a full service landscaping company that does everything from landscapes, water features and stone structures.

- **Mary’s Nursery: McMinnville** [http://www.marysgh.com/](http://www.marysgh.com/) Started as a backyard hobby in the mid 1970s, today offers a wide variety of high quality plants at a great value both retail and wholesale!
• **Midd-Tenn Nursery: Cookeville** [http://www.mid-tennnursery.com/](http://www.mid-tennnursery.com/) A full service, family friendly nursery offering everything from landscaping, irrigation, maintenance, water features, stone walls and patios.

• **Payne Nursery: Sparta** [http://www.paynenursery.com/](http://www.paynenursery.com/) Payne nursery is a family owned and operated wholesale nursery that not only serves the landscapers and garden centers, but also serve the homeowners.

• **Plateau Research Center and Gardens: Crossville** [http://plateau.tennessee.edu/](http://plateau.tennessee.edu/) education Center, tours, and demonstration gardens. 931-484-0034

• **Sunlight Gardens Nursery: Andersonville** [http://sunlightgardens.com/index.html](http://sunlightgardens.com/index.html) is a small family operated nursery propagating and growing plants native or naturalized to the eastern United States.

• **Tennessee Native Plant Society:** [http://tnps.org/](http://tnps.org/) TNPS members meet frequently at various locations all over the state for field trips. For these trips we rely on local amateurs and professionals who know the plants in a given area. Members learn of the time and place of these events and other news of the society through our TNPS newsletter.

• **Volunteer Gardener:** [http://www.nptinternal.org/productions/vg/v2/](http://www.nptinternal.org/productions/vg/v2/) Garden advice, how-to tips, crafts and projects, tours and destinations. Shown on Nashville Public Television. Check website for show times.

**GROCERY**

**FARMERS MARKETS - OPEN-AIR (SEASONAL)**

Open on random days, & some weeks farmers will sell locally grown goods 7 days per week.

• **Monterey Farmers Market** - Downtown

• **Cookeville Farmers Market** - Located in the Downtown Center Pavilion. Open every day for local farmers to sell to the public from 7 AM to 5 PM during the season, from late May to October. Vendors sell locally grown produce and some baked goods in the open-air shelter area.

• **Cumberland County Farmer Market** - Located right off of Highway 70 North, adjacent to the Cumberland County Fairgrounds, & also near the Cumberland County UT Extension Office. Open on random days, & some weeks farmers will sell locally grown goods 7 days per week.

• **Cumberland Sustainable Farmers Market** - is an online farmers’ market providing consumers a convenient way to support local family farms—from the comfort of your home computer! Our goal is to keep family farms in business, while supplying Crossville, TN and the surrounding region with the freshest, healthiest, naturally raised produce available! [http://crossville.locallygrown.net](http://crossville.locallygrown.net)
UNIQUE GROCERY STORES IN OUR AREA

- Monterey Foods offers fresh cut to order meats at reasonable prices. 102 E Stratton Ave Monterey, TN 38574 931-839-2434
- Country Cupboard - Mennonite grocery and deli. Lunch specials, sandwiches, blocks of cheese, lots of deli meats, baking goods, sweets, and bread. 574 Bud Tanner Rd Crossville, TN 38571 931-277-5886

LOCAL PLACES AND ACTIVITIES OF INTEREST

- Appalachian Center for Craft: Smithville  http://www.tntech.edu/craftcenter/home/  is a satellite campus of Tennessee Tech University. Though the Craft Center's primary focus is the Bachelor of Fine Arts degree and non-degree programs, there are numerous opportunities for everyone to enjoy this beautiful and inspiring, craft-education facility.

- Bon Air Mountain Historical Society Museum - Sparta  (931) 935-6463  http://www.bonairmountainhistoricalsociety.org/  The Bon Air Mountain Historical Society is located in the Museum on highway 70, between Sparta and Crossville. The museum was a section house for the railroad workers during the early 1900’s.

- Bryan Symphony Orchestra – Cookeville, Wattenbarger Auditorium TTU Campus  bryansymphony.org  931-525-2633  BSO concerts are a collaborative effort of the community based non-profit Orchestra and TTU Dept. of Music and Art performances.

- Cades Cove: Great Smoky Mountains National Park  http://www.nps.gov/grsm/planyourvisit/cadescove.htm  Wildlife viewing, historic homes and churches, and beautiful mountain scenery make Cades Cove one of the most popular destinations in the park.


- Cookeville Chamber:  http://cookevillechamber.com/  (931) 526-2211

- Cookeville Performing Arts Center -  http://www.cookeville-tn.org/cpac/  The Cookeville Performing Arts Center is a 456 seat live performance theatre presenting a wide variety of special stage events, various concerts, forums, performances, pageants, seminars and more.  (931) 528-1313

- Crossville:  http://www.crossvilletn.gov/
• **Cumberland Caverns:** McMinnville  [http://cumberlandcaverns.com/](http://cumberlandcaverns.com/)  931-668-4396

  Tennessee’s largest show cave. **Note:** This is not a handicap friendly attraction. Check out the bluegrass underground monthly concert series recorded here [http://www.bluegrassunderground.com/](http://www.bluegrassunderground.com/)  Box Office: 931-516-9724

• **Cumberland County Playhouse—Crossville** [http://www.ccplayhouse.com/](http://www.ccplayhouse.com/)  The Cumberland County Playhouse is now the only major non-profit professional performing arts resource in rural Tennessee, and one of the 10 largest professional theaters in rural America. Box Office (931) 484-5000

• **Daniel Boone Wilderness Trail:** Kingsport, TN, through the Cumberland Gap of Virginia and into Kentucky [http://www.danielboonetrail.com/map.php](http://www.danielboonetrail.com/map.php) There are several eateries, sight seeing opportunities, historical landmarks and more to see along the way of the Daniel Boone Wilderness Trail. The Trail is divided into four regions, the **Cumberland Gap Region, Natural Bridge Region, Block House Region** and the **Netherland Inn Region**.

• **Dogwood Performance Pavilion:** Cookeville  [http://www.cookeville-tn.org/cpac/dogwood-performance-pavilion](http://www.cookeville-tn.org/cpac/dogwood-performance-pavilion) is located in beautiful and shady Dogwood Park behind the Performing Arts Center in Cookeville Tennessee. Shakespeare in the Park (Tennessee Recreation & Parks Association BEST PROGRAM Award, 2006), Dogwood Fridays, Sundays in the Park Cookeville Community Concert Band concerts, Jazz in Cookeville, Bryan Symphony Orchestra concerts, and a variety of events take place in Dogwood Park. 931-528-1313

• **Fast Lane Fun Park:** Cookeville  [http://fastlanefunpark.com/](http://fastlanefunpark.com/)  931-526-3278  Miniature golf

• **Gattlinburg, TN** [http://www.smokiesadventure.com/gatlinburg/](http://www.smokiesadventure.com/gatlinburg/) combines a perfect blend of the natural beauty of the Smoky Mountains and the convenience of family attractions, dining, and entertainment the whole family can enjoy!

• **The Garden Inn:** Monterey  [http://www.thegardeninnbb.com/](http://www.thegardeninnbb.com/)  an eleven-room upscale Bed and Breakfast Inn that includes tall trees, natural rock formations, stone bridges, caves, and breathtaking bluffs. The towering **Bee Rock** overlook offers a spectacular panoramic view of **Calfkiller Valley** and **Stamps Hollow** below. 931-839-1400

• **Hiwassee River Rail Adventure** is a truly unique railroad experience and has several features that set it apart. The Hiwassee Rail Loop is one of the most unique railroad structures in the nation. It is reputed to be the third longest rail loop in the world. The train travels across the “Old Line,” a railroad that was carved into the mountains and river gorge in 1890 and is listed on the National Register of Historic Places. The Hiwassee River Gorge is another striking feature. Tucked into a wilderness area, this natural wonder is accessible only by rail. The Gorge has received the USDA National Forest’s highest ranking for scenic beauty. 1-877-510-5765

  [http://www.tennesseerivervalleygeotourism.org/content/hiwassee-river-rail-adventure-scenic-train-ride/ten1BF31DAF9468A6E0A](http://www.tennesseerivervalleygeotourism.org/content/hiwassee-river-rail-adventure-scenic-train-ride/ten1BF31DAF9468A6E0A)
Jack Daniel’s Distillery: Lynchburg [link] All tours are offered on a first-come, first-serve basis every Monday through Sunday (excluding Thanksgiving, Christmas Eve, Christmas Day, New Years Eve, and New Years Day). Tours are mostly outdoors and involve quite a lot of walking and steps. 931-759-6357

Knoxville Dogwood festival: Knoxville [link] Walk along more than 60 miles of trails featuring some of the most spectacular dogwood trees of all kinds and colors. This popular event offers a chance to visit and admire beautiful gardens and take place in arts and crafts fairs, while enjoying outdoor concerts from local musicians.

Knoxville Zoo: Knoxville [link] (865) 637-5331

Lynchburg, TN: [link] The town of Lynchburg is the seat of Moore County, the smallest county in Tennessee. Even though Lynchburg is home to the Distillery, it’s in a dry county and has been ever since Prohibition. And while the Distillery may be the main attraction here, you don't want to miss other local favorites like lunch at Miss Mary Bobo’s Boarding House and a trip to the Lynchburg Hardware & General Store. If you want to explore all the sights in Lynchburg, take your time. There’s plenty to see.

Master Singers: Cookeville, Wattenbarger Auditorium TTU Campus [link] A community choral organization that brings high quality musical presentations to the Upper Cumberland.

Monterey: [link] “Where the hilltops kiss the sky”

Muddy Pond Sorghum Mill: Monterey [link] Watch them make Sorghum Molasses on Tuesdays, Thursdays & Saturdays during September & October. From I-40 in Monterey take Exit 300. Go north 1 mile into Monterey. Go to the 2nd stop light and turn right. Go 8 miles and turn left onto Muddy Pond Road. Go 3.5 miles to stop sign. Go straight at the stop sign for 5 miles. The sorghum mill is on the left.

National Cornbread Festival: South Pittsburg, TN [link] Last weekend in April.

National Fiddler championship and festival: Smithville –July [link] The mission of the Smithville Fiddlers' Jamboree and Crafts Festival is to preserve and perpetuate traditional Appalachian and Old-Time music, dance, and crafts.

Oak Ridge National Atomic laboratory and Museum: [link] Phone:(865)574.7199 You must arrange your visit to ORNL ahead of time.
• **Route 127 Yard Sale**: [http://www.127sale.com/](http://www.127sale.com/) It is aptly titled, “The Worlds Longest Yard Sale!” Every year individuals clean out their closets and stake out their front yards along the Hwy 127 corridor stretching over 690 miles from Addison, Michigan to Gadsden, Alabama. The Sale always officially starts on the first Thursday in August through the following Sunday. Many sellers in the Clarkrange and Jamestown, TN area start selling the weekend before the official start date.

• **Ruby Falls**: Chattanooga [www.rubyfalls.com/](http://www.rubyfalls.com/) (423) 821-2544 America's highest underground waterfall, Chattanooga. 1720 Lookout Mountain Scenic Hwy Chattanooga, TN 37409

• **Tennessee Aquarium**: Chattanooga [http://www.tnaqua.org/Home.aspx](http://www.tnaqua.org/Home.aspx) See for yourself why the Tennessee Aquarium has been voted the best aquarium in America for 3 consecutive years!

• **Tennessee Central Railway Museum Passenger Excursions**: Departing from Nashville and Cookeville. [http://www.tcry.org/pass_ops.htm](http://www.tcry.org/pass_ops.htm) Whether it’s a relaxing ride through Tennessee’s beautiful fall foliage or a trip on the North Pole Express, see our schedule to find the trip for you. For tickets call the museum at 615-244-9001


• **Tennessee Valley Railroad- Ride the train**: [http://tvrail.com/pages/ride-the-train](http://tvrail.com/pages/ride-the-train) Call the Museum at 423-894-8028 for more info. TVRM has become the largest operating historic railroad in the southeast, the Official Railroad Museum for the State of Tennessee, and “Chattanooga’s Trademark Attraction.” The mission was to preserve, restore and operate historic railway equipment, and TVRM delivers with a fully refurbished steam and diesel locomotives hauling carloads of satisfied passengers.

• **Tennessee Wildside**: [http://tnwildside.com/](http://tnwildside.com/) a seven-time Emmy Award winning series, is produced in cooperation with TWRA and Nashville Public Television (NPT As a family oriented outdoor adventure show, *Tennessee’s Wild Side* takes viewers from one end of the state to the other in seeking out interesting and entertaining segments highlighting outdoor activities from hunting, fishing and camping to conservation efforts. Shown on Nashville Public Television. Check website for showtimes.

• **Upper Cumberland Tourism**: [http://www.uppercumberland.org/](http://www.uppercumberland.org/) Be sure to sign-up for their Monthly Newsletter to stay informed of all the great events taking place across the Upper Cumberland Region!
OUTDOOR ACTIVITIES

FISHING/ CANOEING

- **Center Hill Lake**: *Smithville* [http://www.centerhilllake.org/](http://www.centerhilllake.org/)
  Center Hill Lake is an 18,220 acre lake that features 255 miles of shoreline.

- **Dale Hollow lake**: *Celina* [http://www.dalehollowlake.com/index.html](http://www.dalehollowlake.com/index.html)
  Dale Hollow is the current world record holder for smallmouth bass. Other achievements include a Tennessee state record for lake trout (12 pounds, 13 ounces).

- **Hiwassee River**: *Delano* [http://www.tennessee.gov/environment/parks/Hiwassee/](http://www.tennessee.gov/environment/parks/Hiwassee/)
  The Hiwassee is a popular fishing stream and anglers of all ages enjoy fine catches of large-mouth bass, yellow perch, catfish, and brown and rainbow trout.

- **Caney Fork River**: [http://thecaneyforkriver.com/](http://thecaneyforkriver.com/)
  The Caney Fork River is stocked with over 100,000 Rainbow Trout and Brown Trout every year by the (TWRA). The river section of the Caney Fork that is stocked with the trout fish begins at the Center Hill Dam in Silver Point, TN and runs downstream to where the Caney Fork River merges with the Cumberland River.

GOLF

- **Crossville**: The Golf Capital of Tennessee

- **Fairfield Glade**: [http://www.fairfieldglade.net/golf.html](http://www.fairfieldglade.net/golf.html)
  Fairfield Glade is home to five championship golf courses with a combined total of 90 holes to challenge every player. The most well known golf course at Fairfield Glade is Stonehenge, recently named in Golf Digest’s top courses and the third best course in Tennessee.

- **Fall Creek Falls State Park Golf** :
  [http://www.tn.gov/environment/parks/FallCreekFalls/activities/#golf](http://www.tn.gov/environment/parks/FallCreekFalls/activities/#golf)
  A three-time selection by Golf Digest magazine as one of the Top 100 Public Places to Play and honored as one of the top 25 public courses in America, this 6,669-yard course is both beautiful and challenging. There is a driving range and practice green on site. Call (423) 881-5706

- **Tennessee Golf Trail**:
  A 9 Trail courses offering exceptional golf experiences and the natural beauty found only at Tennessee State Parks. [http://www.tngolftrail.net/](http://www.tngolftrail.net/)
  Listed here are the two courses nearby.

  1. **Bear Trace at Cumberland Mountain – Crossville, TN** is one of the most sought-after sites among the Jack Nicklaus designed Bear Trace courses in Tennessee. The 6,900-yard, par 72 layout features a design that capitalizes on elevation changes as well as natural features, such as flowing brooks and clustered, mature pines. 931-707-1640
2. **Fall Creek Falls – Pikeville, TN** Fall Creek Falls State Park is home to one of the most challenging 18-hole layouts carved out of the densely forested woodlands of the Cumberland Plateau. The course opened in 1972 and was designed by renowned designer Joe Lee. 423-881-5706

### HIKING

- **Big South Fork National Recreation Area**: Hiking, camping, day trips- [http://www.bigsouthforkpark.com/](http://www.bigsouthforkpark.com/)
- **Cumberland Cove**: Cumberland Cove has four parks for residents’ use. The Property Owners’ Association maintains a system of walking trails at all four parks. The trails wind through oak/hickory/maple forests and offer numerous overlooks, waterfalls, caves, and interesting rock outcrops, streams, and wildflowers. There are also large groves of Rhododendron and Mountain Laurel, as well as occasional groups of Paw-paw and a few American Chestnut. To receive park maps, contact the Parks & Trails Committee.

1. **Eagle Flight Park** has the most-dramatic overlook, easily accessible to the parking lot. The Eagle Flight Overlook trail is an easy 1/3-mile loop. This park also offers an extensive system of trails that descend 800 feet into England Cove. The initial descent via the Big Misery trail is very steep and rocky. Your reward for the effort is three spectacular caves, one of which (Bridge Creek Cave) is very easy to navigate.

2. **Icy Cove Park** offers an easier 400-ft descent to the bottom of Icy Cove and the site of an early 20th-century homestead. The trails wend past several small cave openings, many rocky streams and cascades. The trails at the bottom of Icy Cove are flat and wind through thick forests and glades of club moss.

3. **Stillhouse Park** offers our easiest hiking trail – a ¾-mile loop with an overlook into England Cove. A side trail leading down to Bridge Creek requires the use of two small ladders and some steep and rocky terrain. At the bottom awaits our most-spectacular waterfall, viewable from a wooden bridge across Bridge Creek. Crossing the bridge will lead you up to Overlook Park. Other trails skirt the bottom of the bluff and lead to Nakanawa Pools – a lovely set of swimmable pools on Bridge Creek, surrounded by large mossy rocks and cascades.

4. **Overlook Park** offers another spectacular overlook, viewable from the parking lot. A short walk will lead you to two other overlooks. There is a trail leading down to Bridge Creek, but it is steep and requires clambering over large rocks. The Cowpens Trail is a 1.8-mile loop with many interesting rock formations, Rhododendron groves, and two creek crossings.

- **Fairfield Glade Hiking Group** [https://sites.google.com/site/ffghiking/who-we-are-what-we-do](https://sites.google.com/site/ffghiking/who-we-are-what-we-do) The Fairfield Glade hiking group is not really a club but rather an informal group of people who like to get together weekly and hike on the beautiful trails in Tennessee. There are no dues, no elected officers, and no charges for the hikes except sharing in the gasoline expense. We invite you to join us hiking in the great outdoors.
• Virgin Falls Hike: [http://alltrails.com/trail/us/tennessee/virgin-falls-trail](http://alltrails.com/trail/us/tennessee/virgin-falls-trail) Virgin Falls Trail is a 10 mile loop trail located near Sparta, Tennessee that features a waterfall and is rated as difficult.

**HUNTING**


• Hunter Education Requirements: [http://www.tn.gov/twra/huntered.html](http://www.tn.gov/twra/huntered.html) If you were born on or after January 1, 1969 you must possess proof of successful completion of a hunter education class before hunting in Tennessee.

• Hunting Concerns in the Cove: Report unlawful hunting in our area to Tennessee Wildlife Resources Agency (TWRA) 1-800-241-0767

**PARKS – TN STATE AND NATIONAL:**


• Burgess Falls State Park: *Sparta*, TN [http://www.tn.gov/environment/parks/BurgessFalls/](http://www.tn.gov/environment/parks/BurgessFalls/)

• Cumberland Mountain State Park: *Crossville*, TN [http://tnstateparks.com/parks/about/cumberland-mountain](http://tnstateparks.com/parks/about/cumberland-mountain)

• Cummins Falls State Park: *Cookeville*, TN [http://www.tn.gov/environment/parks/CumminsFalls/](http://www.tn.gov/environment/parks/CumminsFalls/)

• Falls Creek Falls State Park: *Pikeville*, TN [http://www.state.tn.us/environment/parks/FallCreekFalls/](http://www.state.tn.us/environment/parks/FallCreekFalls/)


• Picket State Park: *Jamestown*, TN [http://www.state.tn.us/environment/parks/Pickett/](http://www.state.tn.us/environment/parks/Pickett/)

• Rock Island State Park: *Rock Island*, TN [http://www.state.tn.us/environment/parks/RockIsland/](http://www.state.tn.us/environment/parks/RockIsland/)
INTERESTING FACTS AND TIDBITS OF INFORMATION

- Don’t look for wine in grocery stores..... You will not find any!
- Monterey Post Office closes Wednesdays at NOON
- Bank Branches in Monterey – Call or go to their websites for HOURS of Operation as business hours vary during the week!!
  - Bank of Putnam County - Monterey: (931) 839-2211; 100 W. Commercial Ave.
    https://www.bankofputnamcounty.com/Brochure/Locations.aspx
  - First Volunteer Bank - Monterey (931) 646-5501; 210 E. Commercial Ave.
    https://www.firstvolunteer.com/locations/bank-branch/monterey_branch/
- Business cards for some local businesses may be found at the Welcome Center in the Business Card Binder.
- If you know of a business or have a business you would like to advertise in the Cove monthly newsletter contact the Welcome Center for further information.